

ARROW



BOOK - 2

KALA RAMANATHAN, M.A.



ARROW PUBLICATIONS PVT. LTD.<sup>®</sup>

HYDERABAD - 500 040

First Edition - 2013

Reprint - 2014, 2015, 2016, 2017, 2018, 2019, 2020

© Reserved with publishers

No part of this book may be copied or translated, stored in any data base system or transmitted in any form or by any means without the prior written permission of the Publishers. Any breach will entail legal action and prosecution without further notice.



**ARROW PUBLICATIONS PVT. LTD.**<sup>®</sup>

# C-11 A & B, TSIIIC, Moula-ali, Hyderabad - 500 040

Ph : +91 91009 99026, 91009 99027

mail@arrowpublicationsindia.com

# Preface

It's our pleasure to introduce the new *I can!* series on value education for classes one to eight.

Value education meets the social and emotional learning needs of a growing child. While academics shape our sense of who we are, values shape our sense of what we actually become.

Often children learn about respect, compassion, responsibility, integrity, social justice, equality, honesty, forgiveness, courage, self-control and other acceptable standards of right and wrong from what they experience. In this series, we have used stories, plays, poems, autobiographies and comic strips to demonstrate the values that shape character.

**Think a little** extracts the essence of a value and defines it.

**Do it now!** provides opportunities for students to apply these values through fun activities and projects.

**My lesson** is a recap of the value through life's lessons.

**Teacher, you can!** gives suggestions for teaching the course material.

**I can laugh** encourages the child to have a sense of humour – the ability to laugh at oneself and see the lighter side.

The books for classes six to eight teach life-skills to help students understand and accept themselves and adapt to change. **You can do it!** discusses situations and real-life examples that reflect values and life-skills. **Myself, inside out** presents students' perspectives on issues – reflective, imaginative and thought-provoking.

Values are the best protection for children against modern day consumerism and the peer pressure to conform. They help children make decisions based on their individual value system instead of following fashion or friends. The more they develop positive values to guide their behaviour, the more they are likely to make the right choices.

We hope this course material will enable teachers and parents to show children how to grow into secure, confident and caring human beings. In every situation they should be able to see the positive side and say, 'I can!'

We value any suggestions for improvements.

**Publishers**

## I can!

I can be good.

I can be obedient.

I can work hard.

I can speak the truth.

I can share with others.

I can be polite.


I can be healthy.

I can make the world a better place.





# Contents

1. Be patient .....	6
2. Someone cares .....	11
3. Give me more! .....	16
4. Yes, I was scared but.....	22
5. Know your country .....	28
6. We need each other .....	32
7. Is it really yours? .....	37
8. That's not funny .....	42
9. God is love .....	47
10. Where's my home? .....	51
 Teacher, you can! .....	55

# 1 Be patient

Crash! Meena slipped on the steps and fell down. Her friends rushed to inform Meena's mother about the accident. They took her to the hospital. The doctor said Meena had sprained her leg.

Meena's mother told her to be p.....

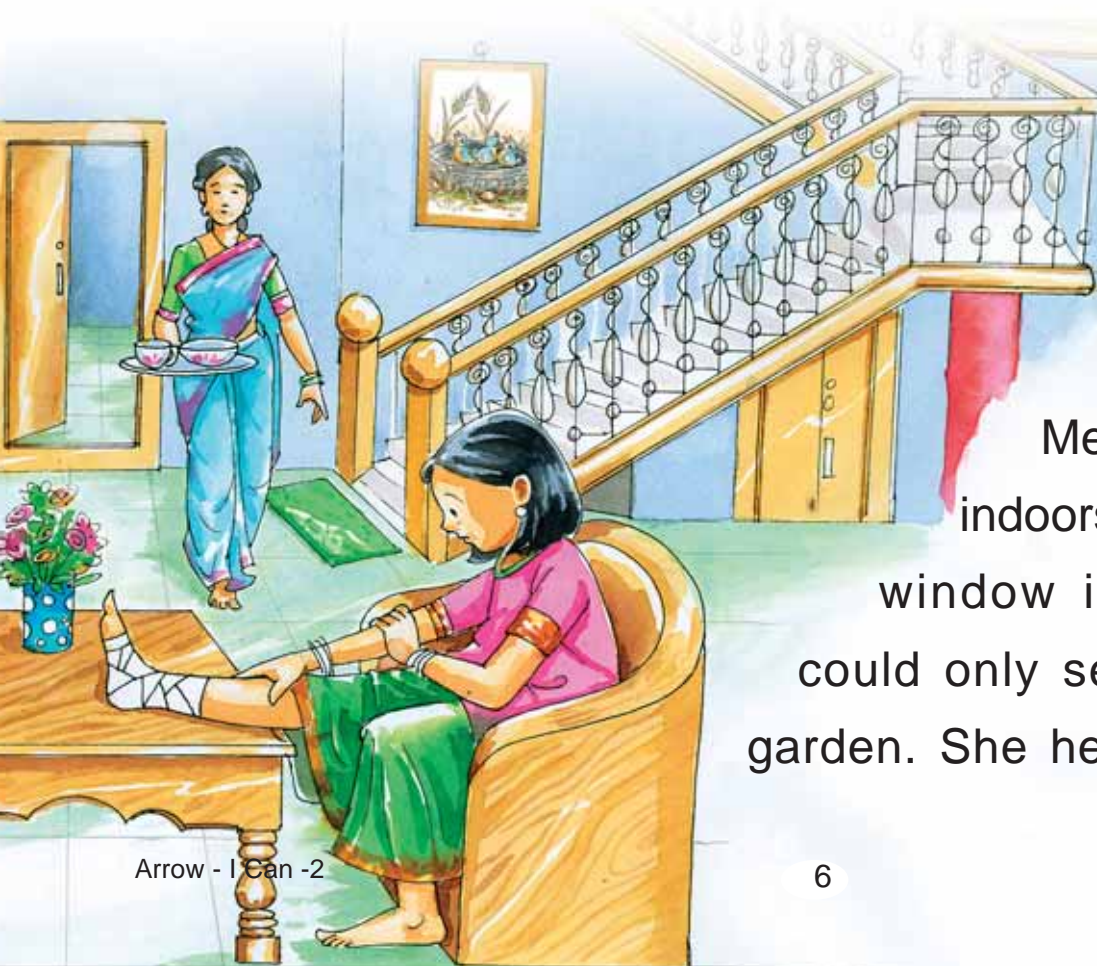
'Doctor, I can't run and play. I have my Annual Sports Day next month,' Meena said.

'If you rest for two weeks, you will get well soon. If you move about, you won't get better,' the doctor said.

'Mother, when will I get better?' Meena cried. 'Just be patient, dear, and all will be well,' her mother said.

'I don't know what patience is. How can I show it?' Meena grumbled.

Meena hated staying indoors all day. From the window in her room she could only see the vegetable garden. She heard a tap on the



window and looked out. Her mother said, 'Now we're going to plant carrot seeds. I want you to watch over them every day and tell me how long they take to grow.'

The gardener dug the soil and sprinkled the carrot seeds. Then he spread the manure over it. Meena's mother watered the beds.

Daily Meena watched as her mother watered the beds in which the carrot seeds were sown. 'Mother, how long will it take for the seeds to grow?' Meena asked.

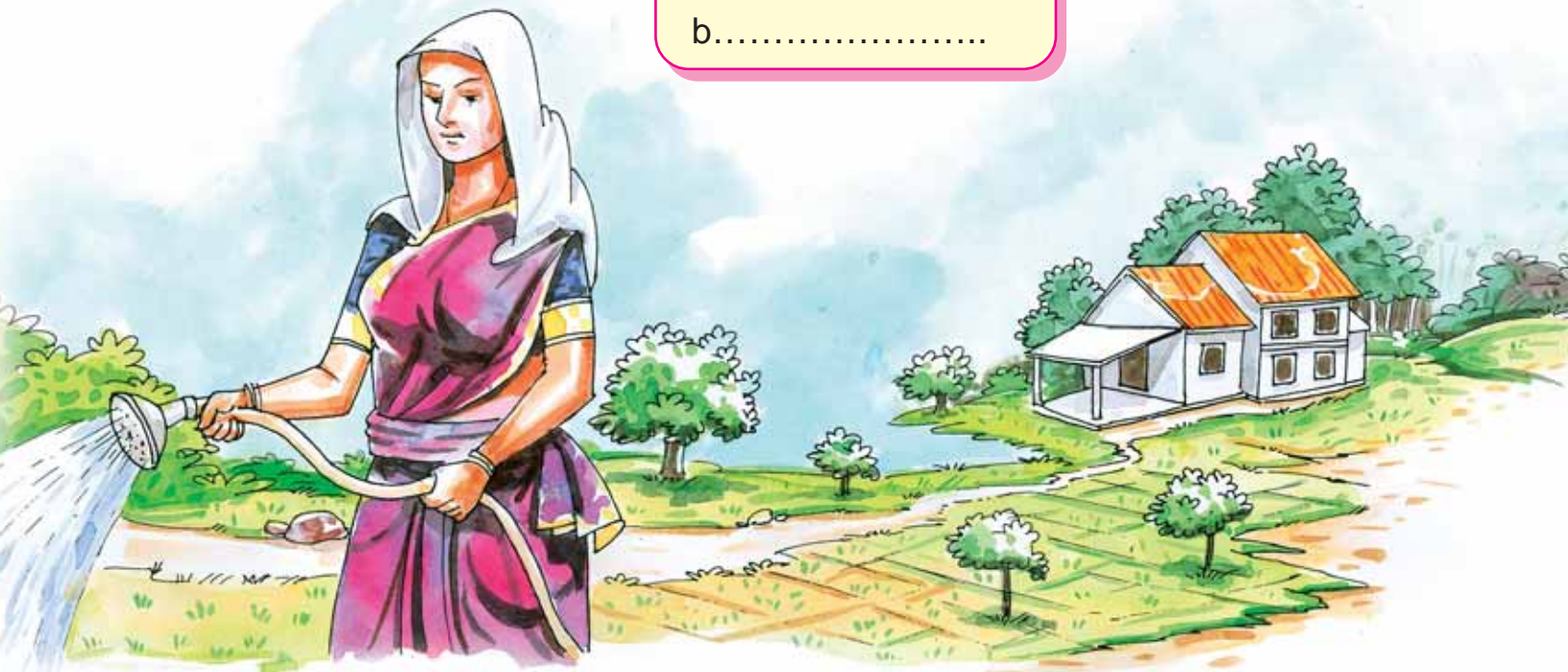
'Don't be impatient. It will take about two weeks.'

'Two weeks! I have to rest that long!' Meena exclaimed.

'That's how God planned it dear. He likes us to wait patiently for the result,' her mother explained.

Meena kept herself

b.....





Meena didn't want to  
w.....

Meena decided to keep herself busy. She read story-books, helped her little sister with her studies and completed the lessons that she had missed. Her classmates sent her a 'get well' card that made her very happy.

One morning Meena looked out of the window. Carrot seedlings were just beginning to grow!

Meena visited the doctor with her mother again. She didn't like waiting to see him. Then she remembered the carrots. 'I have to be patient,' she decided.

**Think a little**



**Don't worry while you wait!**

When you wait in the traffic for the bus to move, you have to be patient. When you wait in the queue to get a ticket, you have to be patient. While waiting for the doctor, you have to be patient. If you get impatient and angry, you will be a loser.

Do you get everything you ask for at once? Sometimes when you ask your parents for something, they say, 'Wait. You'll get it later.'

Why do they ask you to wait? They want you to understand the value of the thing before you get it. While waiting, keep yourself busy!

### **You can discuss...**

1. Why was Meena impatient?
2. How did Meena keep herself busy while waiting?
3. How long did it take for the carrot seeds to grow?
4. Why should we wait and not lose patience?

**Do it now !**



**1. Write what makes you impatient.**

I get impatient when....



- a. ....
- b. ....
- c. ....

**2. Name the animals that do their work patiently.**



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



Write down the lesson you learnt in a line.

.....